

Hunter College of Massage

The Hunter College of Massage is dedicated to teaching the highest professional standards of Massage and Beauty Therapy. Registered with VETAB as an RTO (Registered Training Organisation) the College runs a number of nationally recognised qualifications and short courses.

Hunter College of Massage runs small, relaxed and friendly classes, in comfortable modern facilities, fully equipped with the latest equipment and interactive teaching techniques that ensure students have the latest, most up to date and relevant training possible.



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Seated Massage Short Course



PHONE NOW

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Seated Massage Short Course

The Seated Massage course can be achieved by attending a weekend workshop with some self study.

It will cover the skills and knowledge required to administer remedial massage treatments within a corporate environment.

You'll learn in a combination of some self study (approximately 15 hours) with coaching/mentoring support, combined with a 2 day workshop involving hands on practice in face to face classroom activities and simulated clinic settings, group discussions and demonstrations.

You will receive a nationally recognised statement of attainment for the unit:

HLTREM512A Provide remedial massage treatments within a corporate setting

After successfully completing this unit you could gain Credit to continue on to further study in Diploma of Remedial Massage.

Total Course Length: 2 Day

All Courses start February of each year

All courses involving self directed learning will have flexible start dates throughout the year.

Location: Hunter College of Massage

“ The Cottage”

1 Renfrew Cres Edgeworth NSW 2285

Enrolments are being accepted

IMMEDIATELY

Class size is limited

Course Outline

In the Hunter College of Massage, Seated Massage Short Course you will learn the skills required to provide a seated massage service in the corporate environment.

You will learn:

- Massage therapy techniques and modalities to provide a comprehensive massage treatment package for corporate clients
- Human anatomy and physiology
- Pathology/symptomology
- Nutrition for the general well-being of clients
- Impact of workplace practices on the musculoskeletal system
- Common workplace musculoskeletal injuries
- OH&S as it relates to a range of workplaces
- Understanding of the corporate environment and where massage programs may fit into this environment
- Knowledge of risks associated with the
- Provision of massage services in a corporate environment
- Health care regarding transport of portable tables, seated chairs etc.

Short Course for Seated Massage

You need to have successfully completed or be completing the Remedial Massage and Specialised Remedial Massage subjects in the Diploma of Remedial Massage to do this course

(Units covered by these subjects include: HLTAP501A Analyse health information; •HLTREM502B Provide remedial massage treatment; HLTREM503B Plan the remedial massage treatment strategy; HLTREM504B Apply remedial massage assessment framework; HLTREM505B Perform remedial massage health Assessment; HLTREM510B Provide specialised massage treatment)

Delivery is a blend of self-study, coaching/mentoring, face to face workshops and clinic hours.



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